

APRIL MENU 2024

THE EARLY COLLEGE OF ARVADA



Chef Mikey Presents My Kid's Lunch A division of Michael's of Denver Catering 303-778-0916

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p><i>S'mores Breakfast Bar(s)</i> 100% Juice Whole Apple</p> <p>Meatball Sub Steamed Carrots Fruit Cup</p> <p>String Cheese WW Crackers</p>	<p>2</p> <p><i>Maple Waffle</i> <i>Dried Apples</i> <i>Whole Orange</i></p> <p>Cheese Lasagna Roll Steamed Broccoli Seasonal Fruit</p> <p>Bug Bites Yogurt Cup</p>	<p>3</p> <p><i>Vanilla Yogurt</i> <i>Honey Granola</i> <i>100% Juice</i> <i>Sliced Peaches</i></p> <p>Breakfast Sandwich Hash Browns Fresh Orange</p> <p>Half Popped Popcorn Orange Quarters</p>	<p>4</p> <p><i>Oatmeal Round</i> <i>Dried Fruit</i> <i>Whole Banana</i></p> <p>Beef Soft Tacos Refried Beans Fresh Apple</p> <p>WW Cheez-Its Celery Sticks</p>	<p>5</p> <p><i>Pumpkin Bread</i> <i>String Cheese</i> <i>Applesauce Cup</i> <i>100% Juice</i></p> <p>Chicken Teriyaki Steamed Edamame Cinnamon Apples</p> <p>WW Sweet Crackers Chocolate Milk</p>
<p>8</p> <p><i>Strawberry Cinnaboli</i> 100% Juice Fresh Apple</p> <p>Chicken Tenders Cornbread Steamed Peas Fruit Cup</p> <p>Chocolate Chip Crisps 1% Milk</p>	<p>9</p> <p><i>Cereal Bowl</i> <i>Dried Apples</i> <i>Fresh Orange</i></p> <p>Grilled Hamburger Fresh Carrots Cinnamon Apples</p> <p>String Cheese WW Crackers</p>	<p>10</p> <p><i>Lemon Poppyseed Bread</i> <i>String Cheese</i> <i>100% Juice</i> <i>Fruit Cup</i></p> <p>Korean Beef Steamed Broccoli Fresh Orange</p> <p>WW Goldfish Crackers Celery Sticks</p>	<p>11</p> <p><i>Apple Frudel</i> <i>Dried Fruit</i> <i>Fresh Banana</i></p> <p>Red Chicken Tamales Black Beans Fresh Apple</p> <p>Sunflower Seeds Orange Quarters</p>	<p>12</p> <p><i>Banana Bread</i> <i>Vanilla Yogurt</i> <i>100% Juice</i> <i>Applesauce Cup</i></p> <p>Mini Cheese Pizzabolis Steamed Corn Seasonal Fruit</p> <p>WW Sweet Crackers 100% Fruit Juice</p>
<p>15</p> <p><i>Strawberry Crisp</i> <i>Breakfast Bar(L)</i> <i>Fresh Apple</i></p> <p>Seasoned Beef Chili Cornbread Baked Potato Sliced Peaches</p> <p>Lemon Crispy Bites Baby Carrots</p>	<p>16</p> <p><i>Cereal Bowl</i> <i>String Cheese</i> <i>Dried Apples</i> <i>Fresh Orange</i></p> <p>Buffalo Chicken Steamed Carrots Seasonal Fruit</p> <p>WW Goldfish Crackers 100% Fruit Juice</p>	<p>17</p> <p><i>Blueberry Scone</i> <i>100% Juice</i> <i>Fresh Banana</i></p> <p>Bean & Cheese Pupusa Refried Beans Cinnamon Applesauce</p> <p>Chocolate Chip Crisps 1% Milk</p>	<p>18</p> <p><i>Cinnamon Roll</i> <i>Dried Fruit</i> <i>Fruit Cup</i></p> <p>Chicken Parm Sandwich Steamed Broccoli Fresh Apple</p> <p>String Cheese WW Crackers</p>	<p>19</p> <p><i>Apple Cinnamon Bread</i> <i>Applesauce Cup</i> <i>100% Juice</i></p> <p>Pancakes, Syrup Sausage Patty Hash Browns Fresh Banana</p> <p>WW Graham Crackers Yogurt Cup</p>
<p>22</p> <p><i>S'mores Breakfast Bar(s)</i> 100% Juice Fresh Apple</p> <p>Beef Sloppy Joe Steamed Corn Fruit Cup</p> <p>String Cheese WW Crackers</p>	<p>23</p> <p><i>Maple Waffle</i> <i>Dried Apples</i> <i>Fresh Orange</i></p> <p>Chicken Nuggets Steamed Carrots Seasonal Fruit</p> <p>Bug Bites Yogurt Cup</p>	<p>24</p> <p><i>Vanilla Yogurt</i> <i>Honey Granola</i> <i>100% Juice</i> <i>Sliced Peaches</i></p> <p>Beef Penne Pasta Steamed Broccoli Cinnamon Applesauce</p> <p>Half Popped Popcorn Orange Quarters</p>	<p>25</p> <p><i>Oatmeal Round</i> <i>Dried Fruit</i> <i>Fresh Banana</i></p> <p>Chicken Crisritos Black Beans Fresh Orange</p> <p>WW Cheez-Its Celery Sticks</p>	<p>26</p> <p><i>Pumpkin Bread</i> <i>String Cheese</i> <i>Applesauce Cup</i></p> <p>Cheese Stuffed Breadsticks Mixed Veggies Cinnamon Applesauce</p> <p>WW Sweet Crackers Chocolate Milk</p>
<p>29</p> <p><i>Strawberry Cinnaboli</i> 100% Juice Whole Apple</p> <p>Breakfast Burrito Hash Browns Fresh Orange</p> <p>Chocolate Chip Crisps 1% Milk</p>	<p>30</p> <p><i>Cereal Bowl</i> <i>Dried Apples</i> <i>Whole Orange</i></p> <p>Turkey Hot Dog Baked Beans Fruit Cup</p> <p>String Cheese WW Crackers</p>			

**This institution is an equal opportunity provider.*

***All meals are served with a choice of 1% or skim white milk. Chocolate milk is offered on Fridays.*

****This menu is subject to change based on item availability*

*****Shelf stable meal kits available upon request.*

Our menu items may contain milk, eggs, wheat, soy, sesame, fish or shellfish.