

ECA April Menu

2023

Chef Mikey Presents

My Kid's Lunch

A division of Michael's of Denver Catering
303-778-0916



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Lemon Poppyseed Bread Dried Fruit Whole Apple</p> <p>Chicken Nuggets & Waffles Syrup Cinnamon Applesauce Carrots, Ranch</p> <p>Sunflower Seeds 100% Fruit Juice</p>	<p>4</p> <p>Fruit Bread 100% Juice Whole Orange</p> <p>Beef Sloppy Joe Wheat Bun Whole Banana Steamed Corn</p> <p>String Cheese WW Crackers</p>	<p>5</p> <p>Strawberry Cinnaboli 100% Juice Dried Fruit</p> <p>Grilled Cheese Seasonal Fruit Steamed Green Beans</p> <p>WW Sweet Crackers 100% Fruit Juice</p>	<p>6</p> <p>Cereal, Hard Boiled Egg 100% Juice Whole Banana</p> <p>Chicken Burrito Bowl Rice, Pinto Beans Cheddar Cheese, Salsa Seasonal Fruit</p> <p>WW Graham Crackers Chocolate Milk</p>	<p>7</p> <p>No School</p>
<p>10</p> <p>Cinnamon Roll Cinnamon Apples Whole Orange</p> <p>Red Chicken Tamales Salsa Cinnamon Peaches Black Beans</p> <p>WW Fruit Bread 100% Fruit Juice</p>	<p>11</p> <p>Cereal String Cheese 100% Juice Whole Apple</p> <p>Chicken Patty Sandwich Wheat Bun, BBQ Sauce Seasonal Fruit Steamed Corn</p> <p>String Cheese WW Crackers</p>	<p>12</p> <p>Blueberry Scone 100% Juice Dried Fruit</p> <p>Korean Beef Brown Rice Broccoli Fresh Banana</p> <p>WW Cheez-Its 100% Fruit Juice</p>	<p>13</p> <p>Cocoa Cherry Breakfast Bar 100% Juice Whole Banana</p> <p>Turkey Hot Dog Wheat Bun, Ketchup Cinnamon Apples Baked Beans</p> <p>Sunflower Seeds Chocolate Milk</p>	<p>14</p> <p>Zucchini Bread Applesauce Cup Dried Fruit</p> <p>Mini Cheese Pizzabolis Marinara Dipping Sauce Fruit Cup Diced Carrots</p> <p>WW Graham Crackers 100% Fruit Juice</p>
<p>17</p> <p>Cinnamon Crisp Breakfast Bar Dried Fruit Whole Apple</p> <p>Grilled Hamburger Wheat Bun, Ketchup Pineapple</p>	<p>18</p> <p>Maple Waffle 100% Juice Whole Orange</p> <p>Meatballs in Marinara Garlic Knot Whole Banana Steamed Broccoli</p>	<p>19</p> <p>Vanilla Yogurt Honey Granola 100% Juice Sliced Peaches</p> <p>Chicken Tenders BBQ Sauce Homemade Cornbread</p>	<p>20</p> <p>Oatmeal Round 100% Juice Whole Banana</p> <p>Beef Soft Tacos Cheddar Cheese Tortillas, Salsa Cinnamon Apples</p>	<p>21</p> <p>Pumpkin Bread Applesauce Cup Dried Fruit</p> <p>Cheese Calzone Peach Crisp Steamed Carrots</p>

Baked Beans <i>WW Goldfish Crackers</i> <i>100% Fruit Juice</i>	<i>String Cheese</i> <i>WW Crackers</i>	Applesauce Cup Steamed Peas <i>Lemon Blueberry Bar</i> <i>100% Fruit Juice</i>	Refried Beans <i>WW Graham Bug Bites</i> <i>Chocolate Milk</i>	<i>WW Sweet Crackers</i> <i>100% Fruit Juice</i>
²⁴ <i>Lemon Poppyseed Bread</i> <i>Dried Fruit</i> <i>Whole Apple</i> Cheese Stuffed Breadsticks Marinara Dipping Sauce Pineapple Steamed Mixed Veggies <i>Sunflower Seeds</i> <i>100% Fruit Juice</i>	²⁵ <i>Fruit Bread</i> <i>100% Juice</i> <i>Whole Orange</i> Chicken Mac N Cheese Whole Banana Steamed Broccoli <i>String Cheese</i> <i>WW Crackers</i>	²⁶ <i>Strawberry Cinnaboli</i> <i>100% Juice</i> <i>Dried Fruit</i> Breakfast Sandwich Egg Patty, Ham Cheddar Cheese Hash Browns Applesauce <i>WW Sweet Crackers</i> <i>100% Fruit Juice</i>	²⁷ <i>Cereal, Hard Boiled Egg</i> <i>100% Juice</i> <i>Whole Banana</i> Meatball Sub Marinara Sauce Hoagie Roll Cinnamon Apples Carrot Bites, Ranch Dip <i>WW Graham Crackers</i> <i>Chocolate Milk</i>	²⁸ <i>Banana Bread</i> <i>Applesauce Cup,</i> <i>Dried Fruit</i> Chicken Nuggets Buttermilk Biscuit BBQ Sauce Fresh Whole Orange Baked Beans <i>WW Cheez-Its</i> <i>100% Fruit Juice</i>

****This institution is an equal opportunity provider and employer.***

*****All meals are served with a choice of 1% or skim white milk. Chocolate milk is offered on Fridays.***

******This menu is subject to change based on item availability***

*******Shelf stable meal kits available upon request.***